



Te Pou o Te Whakaaro Nui

- *Lets get real*
- *Lets get real disability*
- Te Whare o Tiki (CEP/ Co-existing problems)
- **Peer Competencies**



- Supporting Parents - Healthy Children a focus for this year collaboratively across the workforce centres
- ‘See through our eyes’ resources
- Equally Well continues as a high priority



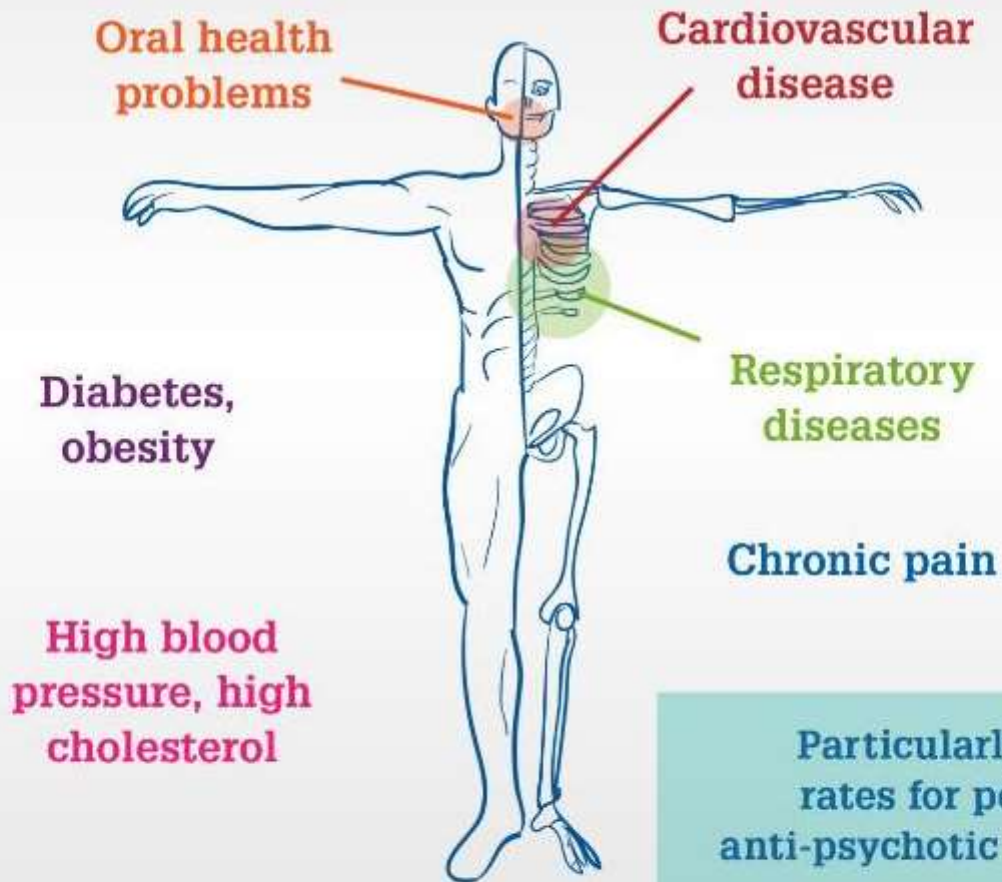
- **Question:** As support workers what is it that you see and cope with day to day, or week to week or even year to year and would love to change for a better wellbeing outcome for your client?
- What do you do about that? What can you do about that?



Equally Well

Equally Well is a nationwide collaboration of people and organisations taking action in many ways and at different levels to improve the physical health of people who experience mental health and addiction problems.

Higher rates of physical health conditions



The slide features decorative geometric patterns in the corners. The top-left and bottom-right corners are filled with a mosaic of blue and teal triangles. The top-right and bottom-left corners feature clusters of hexagons in shades of orange, red, and yellow.

Equally Well

How did it start?

Who is it?

What do they do?

How does it function as a collaborative?

Equally Well

How did it start?

launched by Te Pou o Te Whakaaro Nui and Platform in 2014:

- evidence review
- a Summit

Who is it?

- Over 50 health professional peak bodies, district health boards and NGOs
- Lots of service user leadership – pivotal to being able to make a difference

Equally Well

What do they do?

76	Equally Well priorities had been incorporated into DHB Annual Plans and NGO planning processes and documents.
45	Metabolic screening more consistently being undertaken in their organisations
35	Routine checks provided in primary care for cardiovascular disease and diabetes risk.
35	Routine screening and monitoring for physical health problems
39	Increased access to funded primary care consultations
40	Promoted increased use of shared electronic records across all health services



Equally Well

How does it function as a collaborative?

- Common agenda
- Shared measurement
- Mutually reinforcing activities
- Continuous communication
- Backbone support



- **Question:** As support workers what is it that you see and cope with day to day, or week to week or even year to year and would love to change for a better wellbeing outcome for your client?
- What do you do about that? What can you do about that?

ADKAR*

Change management Process

- Awareness
- Desire
- Knowledge
- Ability
- Reinforcement

ADKAR* was developed by Jeff Hiatt of Prosci research in 1998. Founded in 1994, Prosci is a change management firm focused on helping individuals and organizations build change management capabilities.



Thank you

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